

Annotation

The theoretical part of this Diploma Thesis deals with motoric system and body posture and looks into matter of faulty posture. It is focused on causes of faulty posture of pre-school age children and on importance of physical activity to children's organism. The Research part monitors incidence of poor posture in two classes of Kindergarten Praha Kolovraty and examines the impact of regular physical activity on the body posture of pre-school age children.

Keywords

Motoric system

Body posture

Faulty posture

Pre-school age

Preventive medical equalize exercising