

ANNOTATION

Author: Marie Vysoudilová

Institution: Ústav sociálního lékařství LF UK Hradec Králové, Oddělení ošetřovatelství

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Thesis supervisor: Doc. Jana Kutnohorská, Ph. D.

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The submitted Bachelor's Thesis is focused on cultural shock, its experiencing and influences on humans during their stay abroad. Since the cultural shock affects the individual not only with the respect to personal and working activities, but first and foremost with the respect to health, I would like to inform you in this Thesis not only about individual experiences and sensations of ordinary people who stayed in the given country, but also about a possibility of an impact of cultural shock on the human health and on readiness of people to their exile stay. The theoretical part of my Thesis defines such concepts as the cultural shock, migration, mental health, transcultural psychology, as well as some facts about Saudi Arabia and Egypt. As the main part of the Thesis, there is a qualitative research dealing with influences of sensations and experiences of emigration on the ordinary people health. And the main research question considering the influence of cultural shock on the individual mainly with the respect to somatic impacts has been answered.