

Abstract

Title: Teambuilding activities and their impact on social cohesion work teams

Aims: The aim of the thesis is to review the Social Cohesion Development Working Group and the relationships in the group after attending the course of outdoor activities.

Methods: The research was based on the method of questionnaires. For gathering the data sociometric test was used, which was later evaluated. Furthermore, the method of semi-structured interview was employed.

Results: Due to the failure of the research based on a survey, the results of the pre-test and post-test could not be compared and therefore could not draw up a sociomap This led to the implementation of a semi-structured interview with Mr. Bartůněk. The analysis of the interview provided us with an interesting insight into the problem concerning the application of such research onto groups with long-term participation in courses of outdoor activities and brought new valuable information.

Key words: teambuilding, dynamics of small group, sociometry, sociomapping, group, interview