

Abstract

Title: Analysis of injury in soccer (Category U12-U19)

Objectives: The main aim is to find out the most frequentest injuries occurring at pupils and in youth category in FK Baník Sokolov team and 1. FC Karlovy Vary team.

Methods: Questionnaires method

Results: From the 249 interviewed players were 138 players who have suffered from one or more injuries. It means 55,42%. The most common injury in 1. FC Karlovy vary team was sprains ankle. It was in 58 cases. Percentage 31,87. The most injuries occurred at players of Sokolov in the U16 category. The number of injuries was registered in 27 cases, it means 28,12% of the total number of injuries in the Sokolov players. The difference in the total number of injuries between teams FK Baník Sokolov and 1. FC Karlovy Vary was 15,47%.

Key words: soccer, injury, prevention, analysis, cause of injuries, rehabilitation, youth