Abstract

The bachelor's thesis „The midlife crisis in the marriage of Christians“ first describes in what lies the mid-life crisis in human life. It takes notice of general causes and differences in experiencing the crisis between men and women. This period is demanding for the relations between the spouses. Couples who live the Christian faith are not immune against crises, however it might be a challenge for them. They also must seek the ways how to come out of the crisis together. They have to fight for their faith and their marriage, which is in the stage of requiring a new qualitative deepening of the relationship. Wider possibilities of assistance are available to the Christian spouses, thanks to their faith. This thesis combines a psychological view of the crisis in the mid-life with the spiritual perspective of Christian spouses who are enduring this crisis, but who can draw strength for such a period from their faith.