

Title	Practice of individual defensive skills in games on small areas
Goals	Find out literature about games on small area and defensive game in ice hockey and creating practices with this topics.
Method	The thesis is based on method of data collection of czech and foreign authors and creating of exercises.
Results	Thesis is centered around games on small area, rules of creating and benefits for building skills in ice hockey, characteristic of defensive play and systematization. The goal is creating file of exercises of small area games developing defensive players skills and other skills to master defensive play.
Keywords	Ice hockey, defenseman, skills, small area games, player skills.