ABSTRACT

Title: Leisure time sport activities of children between age 12 – 14.

Objectives: Goal of my thesis is find a way how prepubescent kids spending their time, amount of leisure time and what exercise regime they have. What kind of activities are they choosing and who has brought them to sport. In the second way we are examining their relationship to PE and if theirs parents are doing some sort of sport.

Subjekt: In our researche were includet 103 kids in age 12 -14. 27 of them are living Libiny in Perštejn (16 boys and 11 girls) and 76 of them are from Kláštereec nad Ohří (38 boys and 38 girls)

Methods: Survey

Results: I was confirmed ,that main impulse of sport activity of kids are they parents. The second confirmed result is, that count of boys doing some sport activities is bigger than girls.

Keywords: kids, sport activity, leisure time