

Abstract:

The theme of the Bachelor thesis is: " Utilization of the work of an self-sufficiency instructor at the spinal unit of the Regional Hospital Liberec ". The object of the research is the work of a physically disabled self-sufficiency instructor at the spinal unit. The aim of this thesis is a summary of information about work activities of a self-sufficiency instructor and a survey how the nursing staff and patients perceive his or her work . To address the issue by qualitative research, these methods are chosen: brainstorming, brainwriting , SWOT realized using a semi-standardized interview. Sub-objectives result from the chosen method of SWOT and they deal with determining the strengths and the weaknesses, as well as evaluating the potential opportunities and threats that affect the self-sufficiency instructor's work. The total number of participating respondents is 26 people. The research was attended by 11 persons from the nursing section group, 8 patients and 7 respondents from the group of physiotherapists and ergotherapists . The aim of this bachelor thesis is to highlight the theme of self-sufficiency instructors in practice, what they give to the patients and what is their place as members of the nursing team . Work in this area is in many ways pilot and presents a particular insight into this issue.

Keywords : self-sufficiency instructor, spinal unit, SWOT