

## **Summary**

The final work deals with the personality of teachers and the basic stressors, which make their work more difficult and which can be one of the reasons of resignation. In the practical part author used the questionnaires to find the rate of the load for the beginning teachers.

Furthermore the final work provides suggestions how to reduce the stress, which is unfortunately a natural part of the teaching profession, or how to prevent it.

The work is based on the literature listed at the end and on the questionnaire survey, which was performed with 49 respondents.

**Klíčová slova:** začínající učitel, osobnost učitele, stresory, faktory odchodu, syndrom vyhoření

**Key words:** the beginning teacher, the personality of teacher, stressors, factors of resignation, „burn out“ syndrome

