

The word supervision is translated into Czech literature as supervision or perspective. Some authors even argue that without one or the other supervision would not supervision. Supervision provides us with perspective that it is important to deal with difficult situations and work issues, and supervision in the form of a kind of control that workers perform their job well and professionally.

This thesis deals with the right supervision in the context of burnout. The theoretical part is focused on explaining the fundamental concepts that relate to the title of the work. In particular, the notion of supervision, helping professions, as well as supervision division, its functions and objectives. There is a range of actors supervision, and we learn what criteria should be met here and echoes the relationship between supervisor and supervisee and there is contract mentioned, which was jointly concluded. In the final stage of the theoretical part is mentioned no less important burnout, which may be the result of lack of supervision in the facility. From the text we learn what is burnout, show its symptoms, developmental stages, risk factors, but also a profession that most commonly affects burnout

In the second part, we focus on the particular social workers who are employed by social service providers. The aim was to investigate how social workers are at risk of burnout and then learn whether they receive supervision, as they perceive themselves and eventually getting yourself preventing burnout.

The survey results then point to the threat of social workers burnout and we can answer whether it is right to blame the lack of supervision or not.