

TITLE:

Methodology of korfbal in primary school

AUTHOR:

Andrea Lhotáková

DEPARTMENT:

Department of Physical Education

SUPERVISOR:

Mgr. Věra Kuhnová

ABSTRACT:

This thesis is focused on the preparation of basic methodology of korfbal for beginners – primary school children. The methodology is intended for PE teachers in basic schools, especially primary school teachers. They could use findings from this study in PE lessons or in afterschool activities groups focused on korfbal. The theoretical part deals with basic information about korfbal including its history and presents the modification of korfbal called monokorfbal. The thesis focuses on the basic methodology of korfbal skills with basic exercises, such as work with the ball /passing, shot, catching etc./. The short analysis of the status of the coach/teacher and the organization of training are mentioned, too. The practical part compares the suitability of korfbal and monokorfbal on a group of primary school pupils by the method of experiment. The thesis includes a set of six basic training lessons for beginning players and coaches. The work also evaluates the views of pupils on korfbal according to a simple questionnaire.

KEYWORDS:

Korfbal, monokorfbal, methodology, sport, game, primary school, teaching, learning, child