

Abstract

Title

A comparison between top European teams performances

Objectives

- to focus on women's world football trends
- to compare between Czech club or national team and top European teams
- to analyze football systems, basic formations, set pieces solving
- to evaluate qualitative and quantitative data and situation which was researched
- to evaluate the research
- to suggest a groundwork to training process

Methods

I used both direct and indirect observation methods in particular football matches. I had both videos available, even in one of the matches I attend as a player. I was researching particular game elements quantitatively and qualitatively as well. Base to the evaluation of the matches, I tried to suggest appropriate practice to eliminate deficiencies, which could be further used in training process.

Results

Results show the position of Czech women's football in Europe, the comparison between top European teams and if any of Czech teams could success in strong competition. Further, results show model situation of teams in offensive system and how the goals are scored. Also, results led to point out the deficiencies in Czech women's football with offering of solutions.

Key words

Women's football, quantitative and qualitative research, AC Sparta Prague, Olympique Lyon, national team, Czech republic, UEFA Women's Champions League, European Championship preliminary rounds