Abstract

Title: Leisure-time physical activities of students of FTVS UK specialization TVS

Aims: To obtain information about students of 3rd year undergraduate studies at the Faculty of Physical Education and Sport specialization TVS and their habits in leisure activities and sports. Compare the information about students learning the different specializations. Identify, describe and compare other factors affecting the participation of students on lemure-time physical activities and sports.

Methods: Collection of information and the actual survey was conducted using questionnaires and document analysis. Subsequently, the results were analyzed using statistical methods and calculations.

Results: The survey found that among students of different study directions are the differences in participation in leisure-time physical activities. Students of Sport specialization operate more in competitive sport than other directions, but don't lag behind in participation in leisure-time physical activities. Most aktive in these activities are students of direction Outdoor activities. Furthermore, it was found that with the advent of the high school students at changing habits and attitudes to sport. Students are less involved in competitive sport clubs and begin to pay more attention to sport in their own time and in their own direction. Study in UK FTVS encourages students to try new physical activities, creating for them new fields of application.

Keywords: movement, leisure, questionnaires, leisure-time physical activities