

Abstract:

The aim of this thesis is to explore the portrayals of First World War trauma in Virginia Woolf's *Mrs Dalloway* and Pat Barker's *Regeneration* and compare them. The thesis will also try to describe the typical symptoms, possible causes and treatment of the trauma, as portrayed in literature. Since *Mrs. Dalloway* was one of the first literary works to deal with this kind of trauma, while *Regeneration* was written many years after the War, the thesis will also try to discover how this fact affected the way the trauma is portrayed in these novels.