Abstract:

The aim of this thesis is to explore the portrayals of First World War trauma in Virginia Woolf's *Mrs Dalloway* and Pat Barker’s *Regeneration* and compare them. The thesis will also try to describe the typical symptoms, possible causes and treatment of the trauma, as portrayed in literature. Since Mrs. Dalloway was one of the first literary works to deal with this kind of trauma, while Regeneration was written many years after the War, the thesis will also try to discover how this fact affected the way the trauma is portrayed in these novels.