Occupational diseases of the nervous and musculoskeletal system caused overloading is one of the most common diseases, which belongs to the group occupational diseases. They represent about one-sixth of the number of reported occupational diseases. The number of reported cases is increased, but that there were 7 number of preventive measures, which include the introduction of new technologies, reducing physical work load and other organizational measures.

The importance of occupational diseases strain is given only to their proliferation. Although it is mostly a disease from a purely medical point of view rather light, the life of a propagating that the patient more of a nuisance than it was threatened, often lead to exclusion from the employee's current job.

Compensation for loss of earnings of these workers for the company financially challenging, and also due to the loss of profits paid to them often until retirement age. It is these social and especially economic reasons are disease as significant for society and for individuals.