

ABSTRACT:

This bachelor thesis called “Anthropometric parameters as factors affecting the performance of beach volleyball players” discusses the importance of anthropometry to evaluation of individual performances of beach volleyball players. Beach volleyball has become more and more popular. It is mostly due to new financial resources which have contributed to professionalisation of this sport; on the other hand, it has become more demanding. Hence, there is room for implementation of scientific methods, anthropometry is of particular importance.

The aim of this thesis is to examine to what extent anthropometric parameters influence the performance of beach volleyball players. In this research, I employ chosen somatic and motoric measures which are later applied to beach volleyball players of same performance categories. Results of this research may serve as a practical material for coaches of beach volleyball or volleyball. Its particular use might be in the selection of appropriate playing partners or in the creation of training schedule.