

ABSTRACT

TITLE: Child Group Psychotherapy of Parents Looking

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This thesis deals with parental view of the parallel run of parental support group and child psychotherapy group.

The theoretical part is focused on psychotherapy, group psychotherapy, the specifics of child psychotherapy. Particular attention is paid to the factor of universality in group psychotherapy. The theoretical part also introduces consulting services, especially group consulting. A substantial part deals with the specifics of parents' participation in their child therapy and parallel intervention applied on the child and their parents.

The empirical part describes the research. It is based on an analysis of five interviews with parents who for one year attended the parental support group, while their children group psychotherapy ran in parallel. Interviews are analysed according to the principles of the Grounded Theory.

The results suggest that parents in the group experienced the phenomenon of universality and were enabled to share various topics related to the problematic education of their children. Discussion of the results and its comparison with the theory demonstrated that our results are in line with the available theories. Especially, it confirms the presence of a therapeutic factor in the support group.

KEYWORDS: support group for parents, child psychotherapy, attention problems, universality