

## **Abstract**

### **Title:**

Influence of outdoor activities on interpersonal relationships in a peer group in the environment of institutional care.

### **Aim of the thesis:**

The aim of this work is to find out whether outdoor activities have an effect on relationships in the group of the youth who live in the conditions of institutional care.

### **Research methodology:**

We have used the Sociometric questionnaire B3-U. In the experimental group there are 11 adolescents from the orphanage in Jablonec nad Nisou. In the control group there are 10 children and adolescents from the orphanage in Semily. Children's age ranged from 8 to 15.

### **Results and conclusions:**

The results of the research showed that the most excluded person in the group found new relationship in the group.

Results regarding the most excluded people in the group were very positive. After our intervention the least favorite person received about half less of the negative voices. In the group hierarchy the distance among members of the group grew smaller.

Only results of feelings friendship and confidence in the group were after the intervention lower. That is surprising in relation to other results which were positive.

**Keywords:**

Outdoor activities, outdoor sports, institutional care, group dynamics, interpersonal relationships.