This thesis deals with the stress, strain and stress level of stress. It examines what more burdens on JIPu sisters and what the standard department, what are the specifics of their work. Compares the work load and nursing department and the standard JIPu. It looks at how the situation affects of stress nurses. It outlines the causes and manifestations of stress effects on the human organism. He is also the burnout that often occurs among workers in the helping professions. The thesis is focused on the shift operation (especially on night shift), relationships at work (sister-sister, sister-doctor), the aggressive behavior of patients, or the lack of sufficient time for patient care.

Research method is a questionnaire distributed to the nurses and the internal standard surgical wards and ICU. The evaluation questions of the questionnaire confirms or overthrows the hypothesis that I set at the beginning of research. The hypotheses were confirmed hypotheses 2 and 5 of the hypothesis was not confirmed.

It was confirmed that the exchange operation and overload nurses, patient aggression, care of confused patients and bad interpersonal relations a high burden on medical personnel and contributes significantly to the stress load of nurses.

In conclusion, I mention that a large role in preventing and coping with stressful situations has certain ward nurse, who is the ward every day, coordinates the work of the department, sees the situation and should be addressed.