Diploma thesis “The Theory and Practice of Human Rights in the Czech Republic, in Particular the Rights of Seniors in Social Services” deals with the theory and practice of human rights in our country with regard to the rights of seniors in social services. The work is divided into two parts. The first and second chapters forming the first part of the thesis deal with basic concepts and principles of human rights; how the idea of existence of human rights is explained, and they also focus on the history of human rights, so that the context, in which the idea of human rights was born, is clear and introduce a general view of the chosen topic to readers. The second part of the thesis, chapters three and four, at the beginning deals with the history of human rights in the Czech Republic with an emphasis on the period after 1945, and thereafter on a period after 1989 to the present. From the perspective of today, the rights of seniors in social services are presented. Governmental and non-governmental institutions dealing with human rights are introduced and the thesis also states the reports on the conditions of the rights of seniors in the social services, which result mainly from the Ombudsman’s reports.