

## **Abstract**

This Bc thesis deals with the food uptake disorders with emphasis on anorexia nervosa and bulimia nervosa. The main purpose was to compare knowledge of students of medical disciplines and of general public. The theoretical part of the thesis contains basic information about the eating disorders. The main text defines the two best known types of the eating disorders, namely anorexia nervosa and bulimia nervosa, and also the less well known types such as binge eating disorder, bigorexia and orthorexia. Described are history of anorexia nervosa and bulimia nervosa, the diagnostic criteria for the disorders, and the risk factors inducing the disease. Described are also typical manifestation and prognosis of the disease, concomitant complications and co-morbidities, and also the possibilities of treatment. The part presenting the results of the survey is based on anonymous questionnaires for two groups. The first group consisted of the students of the First Faculty of Medicine, Charles University, specifically the students of the general nurse health care and nutritional therapy. The second group consisted of individuals of general public. The overall results of the research show that the general public has a good knowledge of the basic questions about food uptake disorders. Specific questions were answered better by health professionals. General nurses have the knowledge at the level of the general public rather than health professionals.

## **KEY WORDS:**

Eating disorders, food uptake disorders, anorexia nervosa, bulimia nervosa, binge eating disorder, information, comparisons