

Abstract

The thesis is focused on the use of stoma care in practice. The work consists of two parts. The first part is theoretical. This section is devoted to the anatomy and physiology of the gastrointestinal tract, additional chapters are devoted to the main theme, which is colostomy. There is history and development of stoma care, indications for the colostomy performance and possible complications. Another large part of the total is the nursing part where I attend nursing care of the patient with colostomy, this includes stoma care, peristomal area care, mental health care, nutrition and hydration care. There is also included a chapter about education of the patient and family members. The empirical part focuses on the research, where the method of the data collection is an anonymous questionnaire. The survey was conducted in the surgical clinic with 48 patients with colostomy. The aim of the research was to objectively evaluate and to highlight the advantages and disadvantages of stoma care, find out in which areas of daily activities the largest problem with colostomy patients occurred in terms of the adaptation process, and to improve the lives of the patients with ostomy as well. I found out how much needed a qualified stoma nurse is. I see her importance in the care of stoma patients.