

Title:

Low back pain – overview of rating scales and their use in physiotherapy practise

Abstract:

The thesis is focused on the creation of the overview of rating scales deal with *low back pain*. This overview includes 28 scales in sum. Eight scales from this summary are selected for a practice. Four ambulant patients were attended in the research. These patients go to physiotherapy for low back pain regularly. Two patients have a radicular symptomatology and the other two are without this irritation. Each patient was physical examined by physiotherapist. The results from respondents were compared with the results of examination of the therapist. Each of these respondents chose the most appropriate scale from his focus. The time-consuming of filling and scoring of scales was determined. In conclusion the most appropriate scales were noted for the needs of ambulatory care in physiotherapy practise.

Key words: low back pain, questionnaire, rating scales, The McGill Pain Questionnaire, The Oswestry Disability Index, The Roland-Morris Disability Questionnaire