Abstract:

In my bachelor thesis I will focus on women's stance to outpatient childbirth and home birth. The thesis describes not only advantages and disadvantages but also possible complications of these alternative childbirth methods including their benefits. The thesis is both theoretical and empirical.

Theoretical part is divided into five chapters. The first one deals with basic terms regarding outpatient and home childbirth. Second chapter deals with history and stance of former women and doctors to alternative birth methods. Spontaneous delivery is the main topic of third chapter. The following chapter describes the alternative methods of childbirth while its subchapters characterize the particular methods. The last chapter discusses the advantages, disadvantages and possible complications of outpatient child birth and home birth.

The empirical part contains the results of a questionnaire survey. The survey participants are women aged 18-50 years and Obstetrician-gynecologist doctors. The questionnaire survey was supposed to determine the stance of Czech women to outpatient childbirth and home birth, to find out whether they are properly informed and if they would choose to use these methods, should they have the possibility to do so. Another goal of this thesis is to discover the reasons behind the choice of outpatient childbirth and home birth and opinions of doctors on this matter. The results of this survey are depicted in charts and graphs with supplemental commentary.