

Abstrakt

The bachelor thesis is focused on the problems of the food allergies. The aim was to discover how much the population is informed in this field, if the population has experienced the food allergies, having found the symptoms present on themselves or their friends, family. And finally the awareness of these allergies in a family taking care of an allergic person is studied. In the theoretical part the definitions of the food allergies and similar reactions are explained. It is followed by anatomical and physiological descriptions of digestive and immune systems which are closely related to the food allergy. The causes and symptoms of the food allergies, diagnostics, treatment and prevention are integral to the theoretical part. The importance of probiotics and prebiotics which differs in scientists' opinions and in results of scientific studies is also studied. In the end of this chapter a new antigen and the education of the general public are mentioned. In the empirical part the characteristics of research assignment and methods of the research are described. I chose a questionnaire as a method for data collection. I deal with the results of the questionnaires in this part too. Research shows that the majority of respondents knows what the food allergy is and have an idea of its causes and symptoms. More than a half of respondents mention their own experience with this kind of allergy. A smaller number of respondents mention their experience even with a diet. 25 of respondents take care of an allergic child. The final part of the bachelor thesis is devoted to the findings based on the research.