

Abstract

The Bachelor thesis is focused on the topic of clients who endured tracheostomy. The theoretical part is mainly paying attention to explaining the anatomical and physiological proportions of larynx and trachea. The next, quite large chapter, focuses on tracheonomic cannula, tries to sum up the information from first attempts to open the trachea, types of tracheonomic cannulas and their advantages and disadvantages, to hygiene of the throat and correct care. These basic informations should be helpful to clients taking care of tracheostomy in home environment. The next chapter introduces the educational process of the client from the beginning of hospitalization until dispensary care. The practical part is focused on quantitative research on sufficient information towards clients before surgery and finding out to what level are the clients bothered by the cannula and how to compensate. From the obtained data it was possible to deduct that 65% of clients received information from the nurse about how to use a cannula, including a demonstration. 35% was informed about the treatment. The research also revealed that 55% of clients with temporary tracheostomy perceives the limited communication possibilities as a major problem.

Keywords in English

Tracheostomy

Otorhinolaryngology

Intensive care unit

Nursing care

Interpersonal communication

Education

