

ABSTRAKT

The objective of my thesis was to find out whether in individual health facilities there are internal rules for the submission of food supplements and, if this is the case, what kind of internal regulations they are.

The survey, which was carried out in health facilities on the territory of the Czech Republic, dealt with what are the criteria for deciding on the use of nutritional supplements, whether there is a commission in medical institutions for rational pharmacotherapy, what is the availability of information sources for medical staff, which rules are laid down for the submission of food supplements, who decides on the use of nutritional supplements. The survey was conducted in the form of an electronic questionnaire sent to the particular health facilities.

The results showed that 83 percent of surveyed facilities have internal rules for the submission of vitamins and minerals, in 31 percent of the facilities they have standards for the submission of other nutritional supplements and 7 percent responded to have provisions for the submission of herbal remedies.