This thesis deals with the extensive subject cerebral palsy in children, focusing on spasticity in the ankle joint, and the possibilities of influencing it in a conservative and operative manner. The thesis further deals with the choice of methods and physiotherapy means with regard to the type of disease and the patient's cooperation. The picture of the disease differs for each patient, thus also the type of rehabilitation, the procedure and use of therapy. One limitation to achieving optimum results with this disease is often mental retardation of varying degrees, which prevents the patient not only from understanding the implementation of the therapy, but also the motivation for implementing it. It is therefore necessary to proceed individually, with patience and sufficient time given to the care for the patient.