

## **Abstract**

**Title:** Fatigue and injury in football

**Objectives:** The main goal of my work is analysis of injury causes in selected clubs from ČFL and division B at season 2011/2012 and their comparison with the reasons from official studies.

**Methods:** Questionnaire investigation

**Results:** Overall from the entire research sample was stated 79 injuries in monitored period, which required overall 828 days of treatment, what is 10,48 days on injury in average. The most frequent injury in ČFL is the groin injury, which make up 13% of all injuries. The most common injury, in 23 % is contusion. The most common cause of all injuries representing with 30% collision. The highest number of injuries occur between 61 – 75 minute of the match.

**Keywords:** Analysis, F-MARC, football, comparison, mechanism of injury, cause of injury, sports injury, UEFA, source of injury