

## **Abstract**

This thesis aims to introduce the notion of bibliotherapy and its application in public library environment. The text is divided into two parts – theoretical and practical. In the theoretical part, the notion of bibliotherapy itself is introduced, together with questions of who is engaged in this field, as well as the effects of reading. There are presented several book titles which belong to bibliotherapeutic literature. The substantial part of the thesis is then built on specific examples of bibliotherapy practiced in public libraries in the Czech Republic, as well as abroad. The practical part features first an interview with Mrs Marcela Kořínková who actively engages in bibliotherapy; second, there is a proposal of implementation of a bibliotherapeutic department in an imaginary public library, and last, there is a research presenting the wide public's awareness of, and interest in the field of bibliotherapy.