

Abstract and keywords

The level of movement skills and dexterity in relation to movement activities of pre-school children in their ordinary lives.

The diploma thesis deals with the issue of movement activity of pre-school children. Movement activities are vital part of healthy life, especially for children. It should be an essential part of every activity, no matter if it is sport, game, relaxation or just a walk to school. It should be a common part of every pre-school child daily programme. The activities reflect the level of movement skills and dexterity, which get behind so much these days. That is why it is necessary to evolve and improve them. The thesis is focused on influence of controlled movement activities to results of elementary skills and potential of pre-school children. The theoretical part describes it in general (movement activity, skills, dexterity, movement,...) and individual meanings. The practical part deals with testing of children and questioning of their parents. The results bring information on relation between of amount of controlled activities of children and their performance in basic kinetic tests. The fundamental is to create an overview of level of movement skills and dexterity using testing of particular age groups of pre-school children

Preschool age

Movement skills

Motional activities

Level

Motoric tests