The study discusses the current home births in developed countries. Introduction deals with the emergence of a model of human birth in the background of evolutionary mechanisms and the resulting biological risks, which are illustrated by data on maternal and neonatal mortality. Home births are understood in the complex scale, and so formation of current model of obstetrics in selected countries is shown in historical background. It brings most common image of women and the circumstances that lead to the choice of home birth. The study focuses on the comparison of home and hospital births due to the occurrence of undesirable health complications. As this comparison showed the results that births are largely influenced by medical interventions carried out, frequency of these procedures is also compared. Higher occurrence of interventions in hospital births can be partly explained by changes in the demographic profile of mother, which increases the risks associated with childbirth at home. Data processed in the study suggest that today's home births require extensive implementation of system changes, and therefore the home birth as a safe alternative is not recommended. It also doesn't consider hospital births appropriate in terms of excessive interventions, rather a compromise in the form of home birthing rooms that combine the advantages of both alternatives is favoured.