Abstract:
This thesis deals with the possibility of dyadic relationships development through the partner dance. It incorporates both the individual and group dance specifics, and it is an encounter of two individuals on both body and psychological level. As a partner dances representative is chosen the Argentine Tango - it is especially suitable for a therapy for its key characteristics and therefore represents a huge part in a field of psychological application of partner dance.

It is a dance of two individuals who – in a mutual embrace and spontaneous improvised movement – are becoming one. The dyadic moment of the partner dance (including above all mutual communication, intimacy, roles and heading towards unity) represents a parallel to the dyadic relationship in general. The thesis is looking into the history of dance in order to remind the importance of dancing in the human life. It deals with Argentine Tango key aspects for possible dyadic relationship development, maps the research support of this subject and introduces the reader to its psychotherapeutic application. On this field examination basis a quantitative-qualitative study is proposed, which would verify and survey the effect of Argentine Tango dancing (in comparison to other partner dances) in dyadic relationships.