Abstract:

The bachelor thesis project aims to cover the individual aspects of the topic of adolescents' personality development by means of their leisure activities. Therefore, it concerns leisure activities and their developmental consequences, as well as formative factors and the relevant adolescence-related topics (especially social aspects of maturing). The thesis consists of two main parts. The first part is devoted to the theoretical description of the topic. The second part involves a proposal for an empirical research. The adolescent period is very dynamic and full of changes as the personality of an individual is being formed and it is therefore appropriate to observe the influence of various developmental aspects of leisure activities on the personality of adolescent boys and girls. For this reason, the proposal for empirical research is conceived as longitudinal.

Keywords:

Development of personality, interest, leisure activity, adolescents, formative factors