

Summary

Bachelor thesis looks at the issue of quality of life for people with mental disabilities.

The thesis informs about the basic categories of non-governmental organizations. Furthermore, it acquaints us with the Association of Welfare and its services. In addition, the thesis describes personality of human with an intellectual disabilities and classes of mental retardation.

The practical part consists of notes from the personal experience of NGO's Pohoda.

The applied interviews were prepared with clients of the Pohoda. For that purpose has been used qualitative methods of semi-standardized interview. In conclusion, the thesis asks a question of improving the quality of life through self-determination.