

#### Annotation:

My bachelor thesis is speaking about existing free-time activities for seniors at today's Czech society. First part defines terms being important in general within any work with seniors - old age, growing old, senior, retiree and sciences dealing with a problem of growing old and old age. Second part introduces all kind of existing free-time activities for seniors at today's Czech society. The main goal of this bachelor thesis is to present and introduce different types of existing free-time activities for seniors in Czech Republic and to show where and how are these activities available, based on few chosen institutions.

#### Keywords

Growing old old age; senior; gerontology geriatrics gerontopedagogy organised leisure time activities, education, club activities, traveling, therapy