Abstract:

This bachelor thesis provides information about the eating of the younger school-aged children with a special focus on their eating habits during the morning time at school. This age group carries certain alimentation particularities, which need to be observed. A theoretical part of the thesis contains the key information about this issue. A practical part deals with a research at a selected primary school. The research focuses on the determination of the first school pupil’s alimentation, the relationship of a teacher towards the pupil’s alimentation and the overall effect of the school environment on the children’s eating.