

Title:

English

Eating habits of the contemporary family through the eyes of pupils from the second grades of selected primary schools

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Abstract:

English:

This thesis deals with the attitude of students in selected primary schools towards catering in the family. The work is divided into two parts. The theoretical part is focused on clarifying the concepts of nutrition, eating disorders, obesity and history of catering. The main aim of the practical part is to monitor pupils' awareness of the dietary habits in their families, active pupil attitudes to eating, family habits and its influence. Obtained information will be realized by using an anonymous questionnaire survey among pupils in the seventh and eighth grades in selected primary schools.

Keywords:

English:

Nutrition, eating habits, family, eating disorders, history of eating.