

Abstract:

Concept: Stress is a common part of life of all the people. Individuals with stuttering diagnosis are suffering from communication stress even much more, and it is therefore consequent that these individuals are struggling to eliminate this state, or at least mitigate it. One of the option, how to handle it, is addictive substances taking. Yet these substances may provide short-term relief, they are definitely not the right way.

Aim: Purpose of this Bachelor thesis is to provide all the information about the range of usage of addictive substances among children at the age from 15 to 16 with stuttering diagnosis in the Czech Republic.

Methods: The Method of anonymous application forms has been used while collecting the data. Application forms have been distributed among speech and language therapists with a plea of forwarding to target group of children. International version of ESPAD application form has been utilized for data-mining.

Complex: Subject of a study made up 23 respondents which fulfilled all the required criteria (appropriate age group, completeness of the application forms, stuttering diagnosis).

Results: Bachelor thesis has been considered as a pilot investigation. Based on the research, it has confirmed that children, at the age from 15 to 16 with stuttering diagnosis are attempting, or have attempted addictive substances, particularly the alcohol. This fact might be used as a foundation for Master thesis, which will consider effects of addictive substances on stuttering symptoms among adults.

Key Words: Stress – Coping – Stuttering – Addictive Substances – ESPAD