Abstract

**Title:** Case report of physiotherapeutic care of a patient after arthroscopy stabilization of shoulder

**Summary:** This bachelor's dissertation discusses a case report of physiotherapeutic care of a patient after shoulder arthroscopy because of labral tears in glenohumeral articulation. In the first, theoretical, part, anatomic structures, kinesiology shoulder joint are described. Furthermore, the most common problems in the shoulder girdle, the possibility of solving these difficulties and also discussed physiotherapy approaches for patients undergoing shoulder arthroscopy. In the second, special, part, a case report is described. It contains anamnesis, initial kinesiologic examination, course of the therapy, final kinesiologic examination and evaluation of the therapy.

**Keywords:** case report, shoulder arthroscopy, physiotherapy, shoulder joint.

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