

ABSTRACT

Title of the work: Individual gaming activity in training units of basketball academy 2006.

Work object: Overall view on the individual development of gaming activities of each participant - children and youngsters in training units.

Work methods: Source literature analysis and use of my own knowledge of coaching practice with children and youngsters in basketball academy in Roudnice nad Labem.

Results: The essay is concentrating on problematics of development of gaming activities of an individual in basketball practice for children and youngsters. Theoretical premises correspond with practical experiences when working with children in lowest age categories. Experience shows that it is very important to focus on individual activities of a participant of the game. It is even more important when you start training with children in lowest age categories. Individual activities of the players are in the forefront of interest of the theory and didactics of the sports game in today's modern basketball.

Keywords: Gaming activities of an individual, tactics, technique, training.