

Abstract

Title: The behaviour of coach in training unit in football

Objectives: My main goal in this work is to observe communication of three selected coaches with players on trainings.

Hypothesis: We suppose that the form of instruction will outweigh the occurrence of other forms of behaviour.

Methods: In my work I used the method of observation, a method of audio recording and a method of didactic interaction (ADI). Methods of observation and audio recording, I used to collect data. The ADI, I applied in the analysis of individual training units. In all training units we monitor the incidence of hypothesis.

Results: The goal of this work was completed. The hypothesis was confirmed. For all seen coaches the form of instruction prevailed over other forms of behaviour.

Keywords: interaction, feedback, instruction