Abstract

The thesis is focused on the issue of psychic factors influencing a distribution and extent of skin diseases. The bachelor work consists of three main parts: In the first theoretical one is the psychosomatic issue taken to parts through a general point of view and through a perspective of skin diseases. Following part is a story of my own experience with ekzema and its healing process. The most extensive part presents a qualitative research exploring a presence of three phenomena that appear in letters as possible factors affecting a distribution and extent of skin diseases. These phenomena are: difficult life events, negative strategies of stress management and neurotic components of personality. Results of the research show a possibility of influence of psychic factors on the extent of skin diseases, but they also show us how individual and non-uniform this influence is.