

Title of work:

White water slalom - technic of paddling on C1

Objective master lever

The aim of this thesis is to create a script, shoot, prepare to manufacture and produce instructional a film that showed the current concept of driving technique in the world's best singlkanoistů Canoe slalom. The film should serve as a methodical material not only for coaches and water slalom racers, but also for the general boating public.

Methods

The work is a combination of participantního and neparticipantního observation. Observations conducted in

dynamic system, where the relationship between input and output (between stimuli and responses)

It depends not only on input, but also on internal assumptions racers. At the same stimulus, then

All competitors may react differently, depending on what state they are internal.

results

In sports event taking place under constantly changing conditions is required

rehearse several ways of passes given combinations goals. There is no precise instructions addressing the individual goal situations. Racer based on the lessons

Information then selects the best and fastest way of passage. The film shows the current conception techniques and tactics for single canoes.

Keywords

Singlcanoe and upstream gates, floods, displaced and drive-through gates, hinge, wide shot, tilt.