The aim of this Final Thesis is to characterize health in all relevant aspects essential for proper understanding of the relation between the "teacher and health". In the first part the author brings forward theoretical basis concerning the quality of health, subjective perception of health, behavior and health supportive life style, risk prevention in occupational safety and pre-professional preparation of teachers. The second part pursues collected data from 60 pedagogues in the questionnaires. The main intention of the empirical part was to reveal and describe the nature of perception of health in relation to the teacher occupation among preschool teachers; what do teachers assess as positive and negative regarding their health and which health problems are seen as obstruction to proper performance of the teacher occupation.