

## **Abstract**

This thesis is focused on assessment in physical education and its impact on pupils' self-esteem and self-assessment. The theoretical part consists of personality and social characteristics of a child under school age, self-analysis as components of human self-mastery, and finally the theoretical content and forms of assessment at primary school with an emphasis on its objectives. The key chapter is the theoretical description of the concepts of evaluation in physical education. Research section is then devoted to determining the impact on self-assessment by comparing the parallel surveys and exploration of current trends in assessment in physical education.