## **Annotation**

The diploma thesis – "Psychosocial Aspects of Changes in Human Mobility," focuses on family and siblings of people with physical disabilities, as well as on finding the appropriate support for these families in their specific situation. It particularly deals with people suffering cerebral palsy and spina bifida and possibilities to support the families with disabled individuals in the Czech Republic. The thesis is based on theoretical knowledge gained from publications and laws, hands-on experience acquired in service as a personal care assistant, as well as own research project on siblings of people with physical disabilities. In the first part of the thesis, the author gives basic information about classifications, diagnostics and manifestations of cerebral palsy and spina bifida with major influence of the change in human mobility. In addition, the thesis focuses on the relationship of both parents and siblings, to the handicapped child. The next part is devoted to a research project called "Life with a Sibling with Physical Disability". The research project deals with the direct experience of siblings of people with physical disabilities, critical moments in their lives, resources of coping with this difficult life situation, but also looks at benefits for their personal growth. The aim of this thesis is to find appropriate support for the families and siblings with disabled members within the framework of the Czech Republic. The focus of the thesis is founded on a treatise on the research studies results and possibilities of implementation this knowledge in consulting and psychosocial intervention. At the end of the thesis, the author meets to the target questions set at the beginning of the work.

## **Keywords**

People with disabilities, disadvantaged member, family, siblings, cerebral palsy, spina bifida, psychosocial aspects of disability, handicap, interviews with siblings, support possibilities