

## **Abstract**

**Title:** Individual ski lesson of preschool children

**Targets:** The target of diploma work is on base of observation the interaction of ski instructor or parent and pupil to show, which kind of ski lesson is more appropriate for preschool age.

**Method of diploma work:** In this work I used attended observation and controlled conversation. During attended observation I have taken notices progress of ski lesson to my beforehand prepared table with fixed criterions (age of child, sort of teacher, duration of teaching lesson, length of slope, kind of terrain, teaching methods, way of snowplough practice, correction of mistakes, communication during teaching lesson). I used controlled conversation after the end of lesson and the conversation was led with parent of child and instructor. Controlled conversation was composed from open questions. During conversation I used questions regarding experience or behaviour, knowledge and perception.

**Result:** Establishing of the first contact of a teacher and a child was performed only during instructor lesson. The instructor had to get child to his side. Between parent and child hasn't been first contact. During the lesson there was communication only between the teacher and the child. Instructor tried to communicate with child during whole lesson. The instructor used also such terminology which child easily understood and didn't lead to the any misunderstanding. Parents often used terminology, which child didn't understand and then started misunderstanding and parents raised the voice. The practice of snowplough and lesson method were lead nearly in the same way by each instructor, because they passed the same training. The parents practice and method of lesson were different. Parents used during lesson tools (rope, rings) in order to regulate a speed. The correctness of mistakes was made immediately during the lesson of instructors as well during the lesson of parents.

**Key words:** ski instructor, ski school, individual lesson of ski, ski, preschool age

