Abstract

Objectives: This work solves the problem of hallux valgus deformities, aetiology, biomechanics, the possibility of conservative therapy, surgery and post-operative treatment.

Methods: Data collection was made by questionnaire survey of people during their hospitalization for hallux valgus surgery and then after 4-5 months. Questionnaires are targeted primarily to conservative therapy and post-operative rehabilitation therapy.

Results: Due to the small number of probands (20 people) can not be drawn significant conclusions. Hallux valgus deformity is often solved by surgery rather than by conservative treatment, mostly because of the decision of patients for treatment, when the deformity is in an advanced stage. Postoperative rehabilitation treatment has a positive effect on recovery, particularly in terms of reducing pain and swelling, to facilitate walking (subjectively).